



TRINITY SCHOOL

Members Information

Timetable

	Members' Gym	Members' Swim	Members' Badminton	Members' Squash	Members' Tennis
Monday	07:15-08:15 18:00-22:00	07:15-08:15*	18:00-21:45		
Tuesday	07:15-08:15 18:00-22:00	07:15-08:15 20:00-22:00	20:00-21:45		
Wednesday	07:15-08:15 18:00-22:00	07:15-08:15* 18:00-19:30		19:00-21:00	
Thursday	07:15-08:15 18:00-22:00	07:15-08:15	19:00-21:45		
Friday	07:15-08:15 18:00-22:00	07:15-08:15 18:00-20:00			19:00-21:00
Saturday	09:00-18:00	14:30-18:00	10:00-14:00		
Sunday	09:00-18:00	09:30-14:00			

* During school holidays only

Complete our fitness suite induction form [HERE](#).

For Aquafit classes please contact Lynda at asm.positivehealth@gmail.com.