

TRINITY SCHOOL PE DEPARTMENT RISK ASSESSMENT RECORD 2020

ACTIVITY / FACILITY: OUTDOOR PE/GAMES during COVID-19		At Risk		Risk Rate			NOTES ON RISK RATES: SEVERITY: High – Death, major injury, Medium – 3 days abs, moderate injury Low – Minor injury, LIKELIHOOD: High – Extremely likely to occur Medium – Likely to occur Low – Unlikely to occur RISK LEVEL: H = High M = Medium L = Low	Action to be taken by/when	New Risk level	
SITE LOCATION: All areas		Teaching Staff	Pupils	Severity	Likelihood	Risk level				
RISK ASSESSMENT REF: PE/Games SHEET: 1/1										
LAST REVIEW DATE: June 2020										
SIGNATURE OF ASSESSOR: Matt Richbell										
RISK BENEFIT: <i>Pupils will be able to take part in group activities with the mental health benefits of social interaction as well as the physical benefits of exercise.</i>										
ACTIVITY / PREMISES EQUIPMENT	Hazard No.	IDENTIFIED HAZARD					PRECAUTIONS AND CONTROLS			
Outdoor Teaching Areas/Facilities	1	Contamination from the environment	✓	✓	M	M	M	Where possible all lessons will be held outside in the fresh air. If the weather prevents this, then well-ventilated areas such as the sports hall may be used (see separate risk assessment). One-way systems will be used to move from one area to another. Each session will begin with a briefing about what they are about to avoid confusion on the field. Where possible avoid touching gates/fences/goals unless absolutely necessary. At the end of every session any posts or handles that people may have come into contact with will be wiped down.	All	L

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							<p>Sessions prepared with equipment ready and in right place aiming for there to be no contact for players/coaches with doors, gates, fencing, and goals wherever possible.</p> <p>No use of dugouts players to leave bags/equipment 2m apart.</p>			
Pupils and Staff	2	Contamination from people	✓	✓	M	M	M	<p>All lesson activity will adhere to the social distancing rules in place at the time of delivery.</p> <p>Group numbers will be kept low.</p> <p>Social distancing and group numbers will be dictated by government guidelines and NGB guidelines.</p> <p>When appropriate each student will have their own zone which they will work in.</p> <p>Everyone will clean their hands at the beginning and end of every session using soap and water. Regular opportunities to wash hands will be built into session plans.</p> <p>Hand sanitiser should be readily available for students to use throughout the session. This is in addition to regular handwashing.</p> <p>Staff will carry hand sanitizer in their lesson bag for anyone to use when they need it.</p> <p>Each individual will have their own drinks bottle.</p> <p>Sessions should not include activities which can get overly competitive and lead to pupils not fulfilling social distancing regulations.</p> <p>If anyone uses a tissue they are to dispose of it in a designated pedal bin (which will be placed in each toilet) this will be cleaned and emptied daily.</p> <p>Groups will not mix. Coaches should not work across different groups in the same session.</p>	All	L

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Equipment	3	Contamination from shared equipment	✓	✓	M	M	M	<p>Where possible pupils will bring their own equipment to be used which will be marked clearly so that other pupils do not handle their equipment.</p> <p>If pupils do not have their own equipment we will lend them some. Where possible they will keep this as their own whilst they continue with this activity. This may include them taking it home and bringing it back next time.</p> <p>Fresh equipment to be used for each session.</p> <p>All shared equipment will be cleaned after each use by the person who has just used it.</p> <p>Balls that are used by a group of pupils will be regularly cleaned by members of that group or member of staff (wearing gloves).</p> <p>Shared equipment will go into a designated cleaning bin at the end of each session for a thorough clean at the end of the day and stored for at least 72 hours before being used again.</p> <p>A Tuesday pack and Thursday pack has been put together to use on the appropriate day, giving everything a week between use.</p> <p>Staff will carry gloves, cleaning cloths and spray in their lesson bag.</p> <p>Individuals equipment will be cleaned at the end of each session.</p> <p>Pupils have their own kit bag of basic items (cones, 2 tennis balls, an incrediball, shuttle) which they use in lessons and are the only people to touch it.</p> <p>Where possible collect balls with stick/feet not hands.</p> <p>No contact between player and other coaching equipment. This should only be handled by the coach.</p>	All	L
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Activity Specific Information									
Cricket			✓	✓	M	M	<p data-bbox="1227 252 1944 323">Pupils have their own equipment or an allocated set of pads etc from school which only they use.</p> <p data-bbox="1227 371 1989 560">In net activities: At least one net will be left empty between each net in use. Pupils use their own ball and do not add saliva or sweat to the ball to help shine it.</p> <p data-bbox="1227 608 1850 715">On pitch activities: Batsmen run on opposite sides of the wicket The ball is cleaned by the bowler after each ball</p>	All	L
Tennis			✓	✓	M	M	<p data-bbox="1227 766 1982 911">Players have their own tennis balls which are labelled clearly so that they only pick up and serve their own tennis balls. The other player can push it with their racket or foot.</p> <p data-bbox="1227 919 1951 991">Players have their own tennis racket (or are loaned one for their sole use).</p> <p data-bbox="1227 999 1951 1070">Group coaching equipment is only to be handled by the coach.</p>	All	L
Athletics			✓	✓	M	M	<p data-bbox="1227 1082 1955 1189">On track: 2 lanes will be kept empty between athletes running on the track. Use lane 2,5,8 to save inside lane.</p> <p data-bbox="1227 1197 1928 1268">For longer distances pupils will be set off at staggered intervals to minimise overtaking.</p> <p data-bbox="1227 1276 1955 1423">When approaching a runner who is being overtaken, a warning should be shouted by the approaching runner and the athlete being overtaken should move outwards to allow the faster runner to overtake on the inside.</p>	All	L

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							<p>In the jump pits: When jumping into the pit the sand will be raked after every jump.</p> <p>Cricket ball throw: Pupils use their own ball and marker cone/flag. Tape measures are laid out and collected in by the staff. Indications of measurements will be taken rather than precise measurements.</p>			
Orienteering			✓	✓	M	M	M	<p>Pupils will be given their own equipment or a piece of group equipment that they are responsible for and only they use. All items will be cleaned or disposed of after every use.</p>	All	L
Fitness/Circuit training			✓	✓	M	M	M	<p>Pupils will either have their own activity station that they stick to whilst completing the activities or each work station is 3m apart and pupils do not move on until the teacher indicates that it is time to do so.</p>	All	L
Hockey/Football			✓	✓	M	M	M	<p>Groups is divided into pods of up to 5 and not mix with other pods. Pupils to bring their own stick or be given a designated stick for their sole use. Fresh balls to be used for each session and disinfected or stored for at least 72 hours before being used again. Coaches to collect balls or the player return them with stick/feet not hands. No contact between player and other coaching equipment Goals are moved by coaches only.</p>	All	L

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